



The 7v7 Build Out Line Offside and Field Dimension Explained - All 7v7 Matches

- **Build-Out Line.** A Build-Out Line is a line across the width of the field of play mid-way between the top of the penalty area and the half-way line in each half. They should be equidistant between the penalty area line and the halfway line.

Key Points to understand the Build out Line

- ✓ When the goalkeeper has the ball in his or her hands during play from the opponent, the opposing team must move behind the build out line until the ball is put into play.
- ✓ Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (*punts and drop kicks are not allowed*).
- ✓ After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.
- ✓ The Build out line will also count as the line to assess where offside offenses occur
- ✓ Players cannot be penalized for an offside offense between halfway line and build out line
- ✓ Players can be penalized for an offside offense between the build out line and goal line
- ✓ Diagram with the recommended field markings and dimensions.

