

7U-4v4 & 8U-4v4

4 x 10 min quarters

Ball size 3

Substitution on the Fly

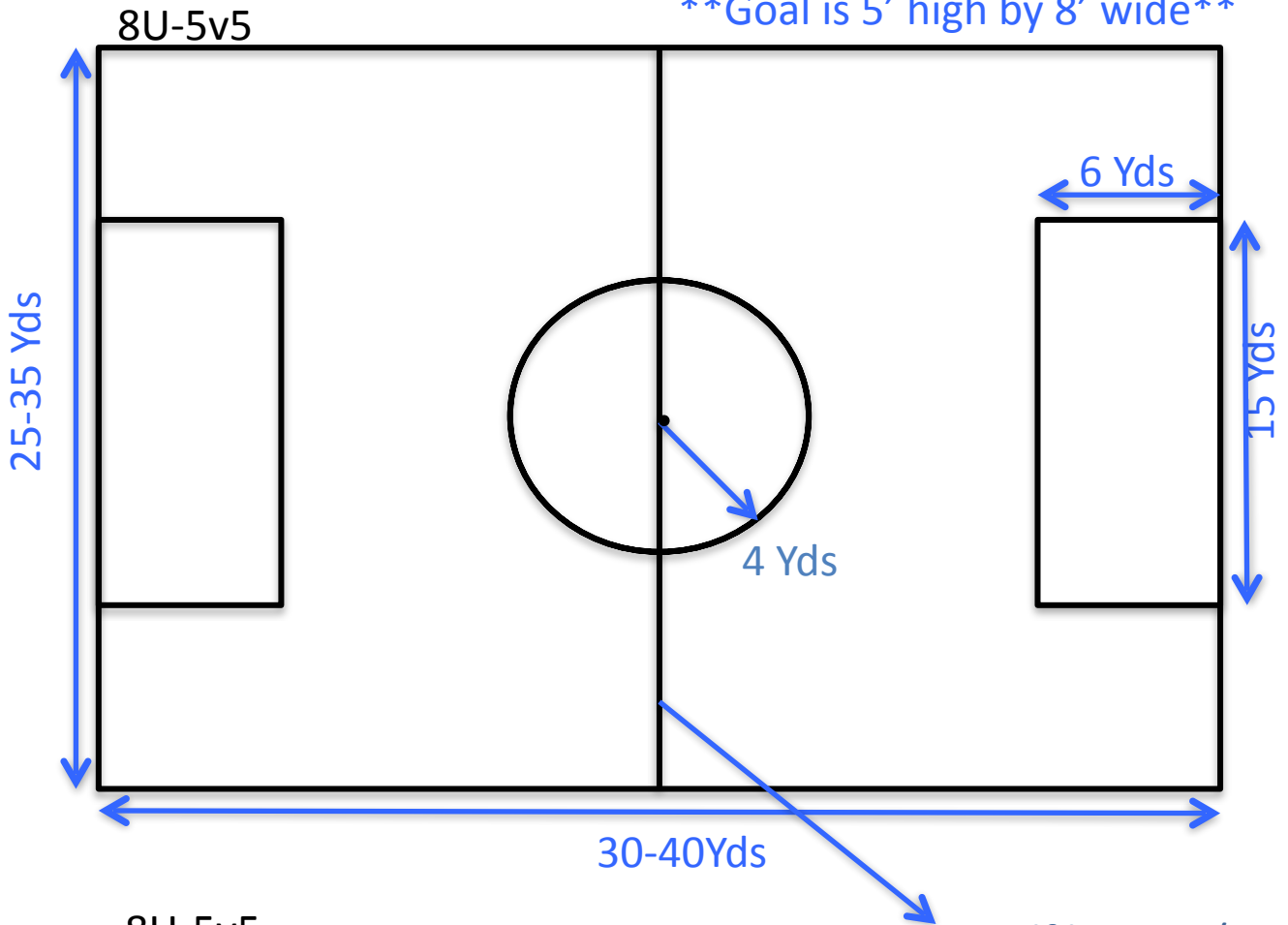
Direct Kicks only

No offsides

No heading

No punting/drop kicks

****Goal is 5' high by 8' wide****



8U-5v5

Max Roster 14

2 x 25 min halves

Ball size 3

Substitution on the Fly

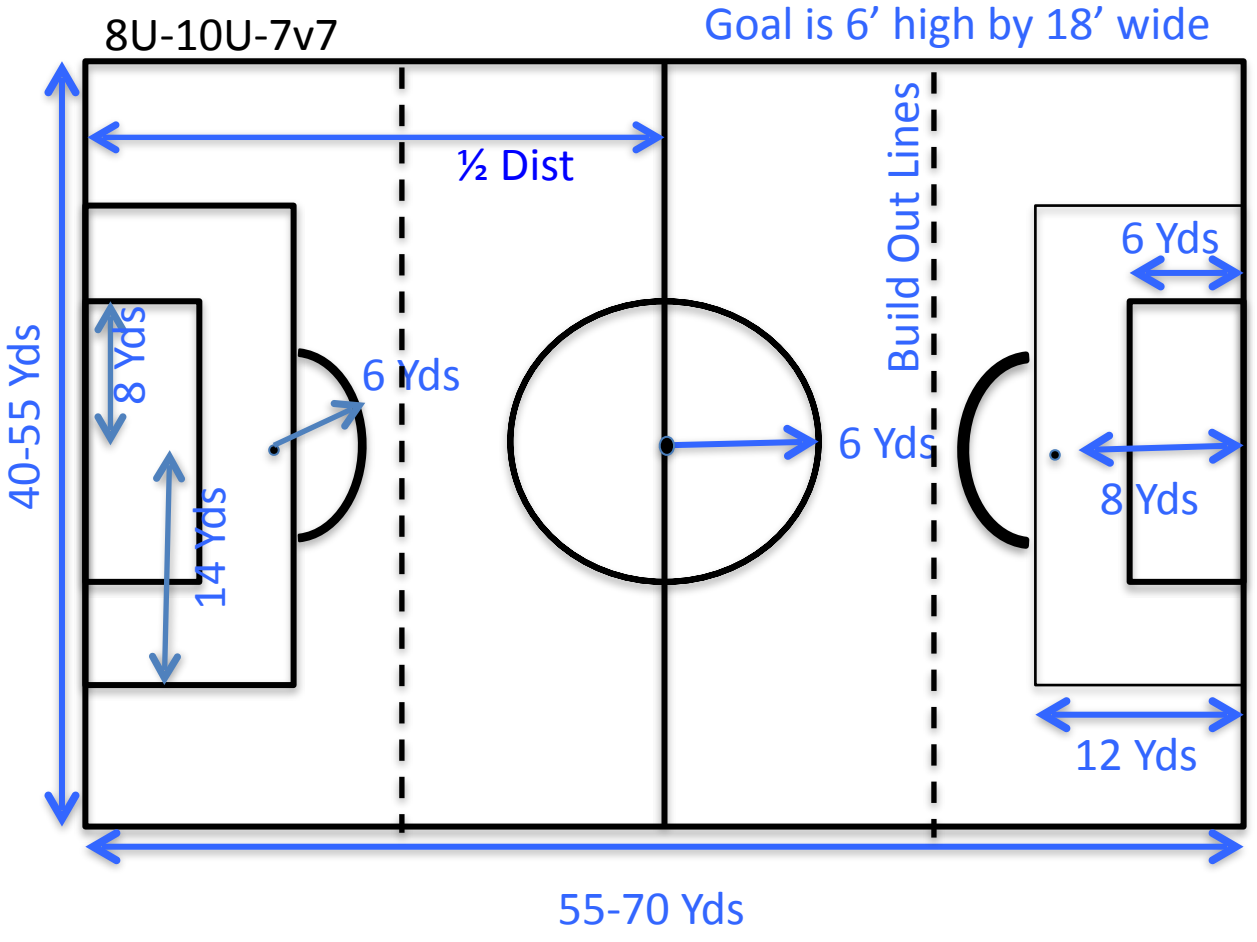
Direct Kicks only

No offsides

No heading

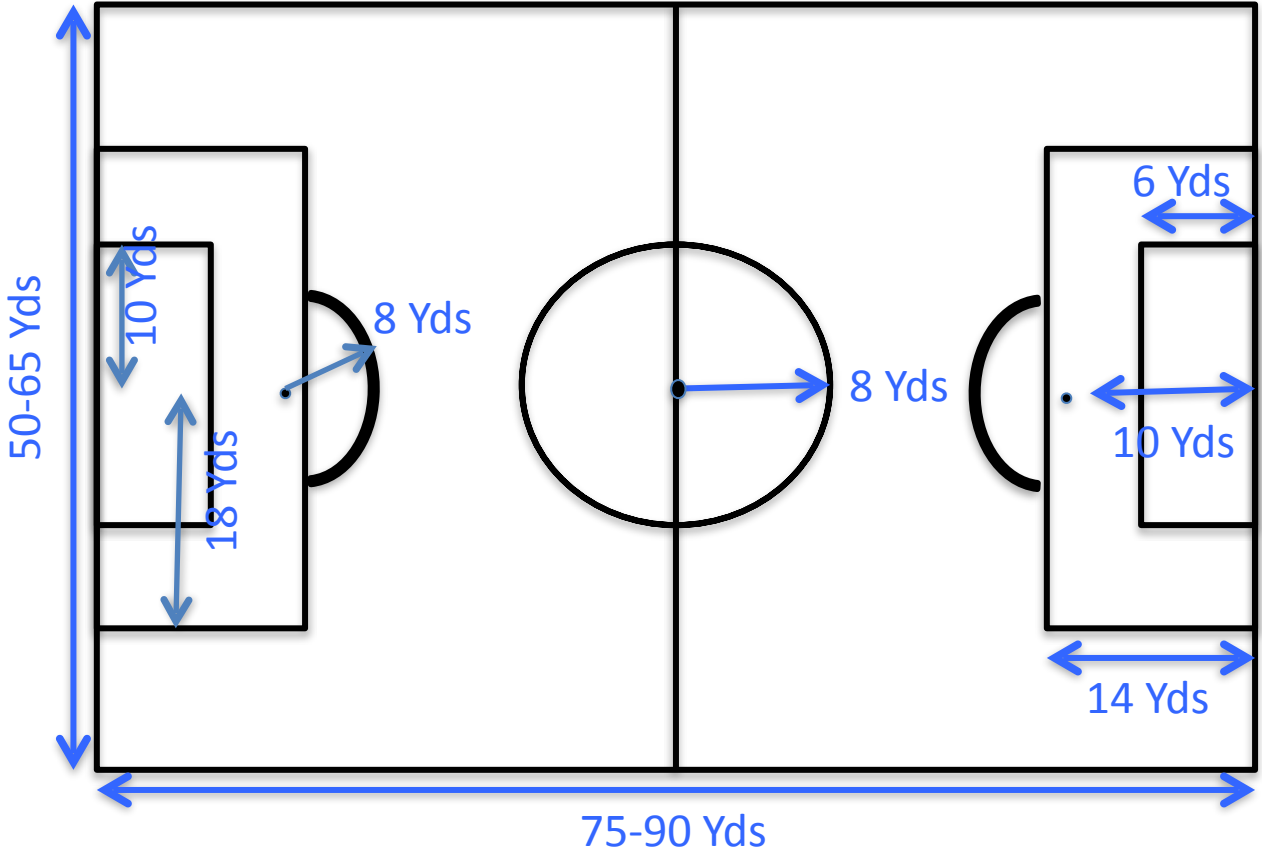
No punting/drop kicks

****During the 2022/2023 initial year of 8U-5v5, goal sizes may range 5 x 8 to 6 x 12.**



11U-12U 9V9

Goal is 7' high by 21' wide



13U-19U 11V11

Goal is 8' high by 24' wide

